

Ski and Snowboard Trip Checklist

Skiing equipment

- Skis
- Ski poles
- Ski boots

Snowboarding equipment

- Board
- Snowboard Boots
- Bindings

Skiing/boarding clothing

- Ski/board jacket (and hood)
- Ski/board pants
- Ski/snowboard gloves
- Glove liners or inners
- Ski/snowboard socks
- Beanie, headband, and/or earmuffs
- Face mask
- Neck gaiter
- Hood or hooded top
- Thermal pants, Skins or equivalent
- Thermal tops and other underlayer clothing
- Fleece tops – long-sleeve and vest

Comfort/ First Aid

- Sunscreen
- Lip balm
- Tissues
- Defog and wipe cloth
- Ibuprofen, Aleve, Extra Strength Tylenol, etc
- Cold and flu medications
- Band-aids, gauze, and water-proof sports tape
- OTC medications, vitamins, and prescriptions
- Braces you use: Such as knee, ankle, back, etc

Equipment and accessories

- Helmet
- Goggles
- Sunglasses
- Go Pro/Camera case, charger, memory cards, batteries, etc
- Helmet Liner
- Ski mask
- Lift pass holder
- board leash
- Ski holder straps
- Ski/snowboard lock
- boot/hand warmers
- Wax and iron and files for DIY repair